



Monthly Newsletter  
April- 2024

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Nutrition Experts

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### **Inclusion of millets in mid-day meals**

Integration of millets in the school feeding programme comes with dual benefits: First, it helps in mainstreaming millets as a healthy and sustainable choice, and second, it helps bridge the childhood nutrition gap effectively by leveraging an existing system.



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## PREFACE



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**Vidya Gunturkar - Joshi**  
**Founder NMFPL**

Dear Readers, stakeholders, supporters, team NMFPL and well wishers,  
Welcome to the 31<sup>st</sup> NMFPL newsletter.

The Government of India, in particular, has taken a keen interest in reviving these forgotten superfoods.. There lies an opportunity with dual benefits – the introduction of millets in mid-day meals.

More than 118 million school children across the country receive mid-day meals every day as a part of the PM POSHAN Abhiyaan, the government's flagship school feeding programme to support children's nutrition and education.

As one of the primary objectives of the programme is to improve the nutritional status of children, the introduction of millets in mid-day meals can go a long way in adding to the efficiency of this initiative whilst also boosting millet production.

If lack of access is the reason for less consumption of millets, their integration in mid-day meals and other nutrition welfare programmes will help solve the issue by increasing their availability and enhancing the nutritional intake of children.\*

We're also crafting special boxes for children, providing essential products to guarantee proper nutrition. We'll keep you updated on our progress.

Please do write us to share the feedback on the newsletter on [nutrimillets.foodspl@gmail.com](mailto:nutrimillets.foodspl@gmail.com).

**Best regards**

*Vidya Gunturkar - Joshi*

\* News courtesy Hindustan Times



# MILLET AWARENESS

Chemical Technology Dept  
Dr. BAMU  
Chhatrapati Sambhaji Nagar

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We conducted an awareness program on millets, health, and nutrition at the Chemical Technology Dept of Dr. BAMU for Pharmacy students.

During the session, we educated the students about healthy eating habits, the benefits of millets, and the importance of nutritional food intake.

Additionally, we showcased **Nutrimillets** products to complement the discussion.



परंपरा का स्वाद, सेहत के साथ

# MILLET AWARENESS

## AIC – BAMU Foundation Chhatrapati Sambhaji Nagar

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We hosted an awareness program on millets, health, and nutrition at the Atal Incubation Center - BAMU Foundation. One of our main goals was to foster entrepreneurship among students while raising awareness about millets. Throughout the session, we emphasized healthy eating habits, highlighted the advantages of millets, and underscored the significance of nutritional food choices.

Additionally, we delved into the process of generating business ideas



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THANK YOU!!

Let's make it together!!



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