



Monthly Newsletter
Feb / March- 2024

Developed by Food &
Nutrition Experts

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May each and every day of the coming year bring along
lots of opportunities in your life and bless you with success
and smiles.....

Happy Gudi Padwa and Marathi New Year!



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PREFACE



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Vidya Gunturkar - Joshi
Founder NMFPL

Dear Readers, stakeholders, supporters, team NMFPL and well wishers,
Welcome to the 30th NMFPL newsletter.

February and March marked an incredible period of outreach, where we engaged with a large number of people to raise awareness about the benefits of millets. Our journey took us to various parts of Pune and now extends to Nashik, Nagpur, and Chhatrapati Sambhaji Nagar. People showed genuine curiosity about millet products and displayed a willingness to explore healthier options. In today's fast-paced lifestyle, the demand for convenient, ready-to-eat options that seamlessly fit into daily routines has never been higher. Recognizing this societal need, we are dedicated to offering gluten-free alternatives that not only enhance the culinary experience but also uphold standards of quality, flavor, and nutritional value.

Our focus extends beyond mere sustenance; we strive to provide safe, wholesome, and health-conscious dietary choices to all.

In a country where food abundance is no longer the primary concern, our aim is to make safe and nutritious options accessible to everyone. The modern consumer seeks innovation that blends nutritional benefits with indulgence, evoking a nostalgia for the simplicity of our grandparents' culinary traditions—a return to basics.

Join us in experiencing the essence of Nutrimillets Foods—an adventure that seamlessly integrates tradition, health, and contemporary tastes into a single, delectable bite.

Please do write us to share the feedback on the newsletter on
nutrimillets.foodspl@gmail.com.

Best regards

Vidya Gunturkar - Joshi



परंपरा का स्वाद, सेहत के साथ

MILLET AWARENESS

Simply Desi Sahakar Mela

NAGPUR

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An Initiative By
Sahakar Bharti & SimplyDesi



simplydesi

Indian at heart

सहकार मेला

WHERE INDIA'S CRAFT COMES ALIVE



EXHIBITION DATES

23rd, 24th, 25th, 26th FEBRUARY, 2024

TIMING: 11:00 A.M. TO 09:00 P.M.



LOCATION: SOUTH CENTRAL ZONE CULTURAL CENTRE, CIVIL LINES, NAGPUR





MILLET AWARENESS

Simply Desi Sahakar Mela

NAGPUR

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We recently took part in the SIMPLYDESI SAHAKAR MELA, an event organized by Sahakar Bharti.

This initiative was held in Nagpur from February 23rd to February 26th, 2024, at the Civil Lines

We received an excellent response to our products at the event, garnering valuable leads in the process.

We extend our gratitude to the organizers for hosting such a fantastic event.



MILLET AWARENESS MILLETS FESTIVAL 2024 NASHIK

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MILLET AWARENESS

FOOD CORPORATION OF INDIA

Chhatrapati Sambhaji Nagar

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We conducted an awareness program on millets, health, and nutrition at the Food Corporation of India regional office.

During the session, we educated the staff about healthy eating habits, the benefits of millets, and the importance of nutritional food intake.

Additionally, we showcased **Nutrimillets** products to complement the discussion.



MILLET AWARENESS

One Day Workshop

Chhatrapati Sambhaji Nagar

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आंतरराष्ट्रीय महिला दिनाच्या निमित्ताने



फक्त
महिलांसाठी

एकदिवसीय कार्यशाळा

आहार-विहार आणि विचार

* प्रमुख वक्ते *



डॉ. बी.के. साखळे
विभागप्रमुख, रसायन तंत्रज्ञान विभाग
डॉ. बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ
छत्रपती संभाजीनगर



रितू सिकरी
संचालक, न्युट्रीट



डॉ.मिनल घुडे
होमियोपॅथीक तज्ञ



* विनित *
सौ. विद्या गुंटूरकर-जोशी
संस्थापक
न्युट्रिमिलेट्स

दिनांक



सकाळी 10.30 ते
दुपारी 12.30



रसायन तंत्रज्ञान विभाग, डॉ. बाबासाहेब आंबेडकर मराठवाडा विद्यापीठ, छत्रपती संभाजीनगर

रजिस्ट्रेशन लिंक : <https://form.jotform.com/jsachi123/workshop-registration-form>

आयोजक





परंपरा का स्वाद, सेहत के साथ

MILLET AWARENESS

One Day Workshop

Chhatrapati Sambhaji Nagar

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From L-R, Mr. Sachin Joshi, Mr. Maniyar, Dr. B K Sakhle,
Mrs. Vidya Joshi, Dr. Minal Ghude, Mrs. Ritu Sikchi

A workshop on food and nutrition was held at the Chemical Technology Department, Dr. Babasaheb Ambedkar Marathwada University, Chhatrapati Sambhaji Nagar.

The Workshop was chaired by Dr. B.K. Sakhale, HOD of Chemical Technology, and featured eminent speakers including Dr. Minal Ghude - BHMS, CCH, CGO, Dietitian, Ms. Ritu Sikchi - Sports Nutritionist and Yoga Expert, and Mrs. Vidya Joshi - Founder of Nutrimillets.

Close to 40 students, faculty members, and research scholars attended the workshop.

We extend our gratitude to Dr. Sakhale and his staff for their courtesy and arrangements, and to our eminent speakers for sharing their valuable time and expertise.



परंपरा का स्वाद, सेहत के साथ

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One Day Workshop

Chhatrapati Sambhaji Nagar

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IYM 2023 Closure

Online Event

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The Food and Agriculture Organization (FAO) held the closing ceremony of the **International Year of Millets (IYM) 2023** on March 29, 2024, at the FAO headquarters in Rome, Italy



We are fortunate to get the opportunity to participate in this event and witness the remarkable contributions made by individuals in the field of millets from across the globe. The session proved to be both informative and inspiring, providing valuable resources and motivation for all involved.



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THANK YOU!!

Let's make it together!!



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www.nutrimillets.online