

WINNER



INDIA 5000
WOMEN
ACHIEVER
AWARDS
2021



परंपरा का स्वाद, सेहत के साथ

Developed by Food &
Nutrition Experts

0% Gluten | Rich in Protein | High Fibers

Monthly Newsletter April-2022



**Gudi Padwa is a New beginning of
Dreams, Hopes and Happiness.
May this wonderful year bring
success and happiness to you!**

**गुडीपाडवा आणि नूतन वर्षाच्या तुम्हा
सर्वाना हार्दिक शुभेच्छा!**

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PREFACE

Vidya Gunturkar - Joshi
Founder MTHF

Dear Readers, stakeholders, supporters, team MTHF and well wishers,
Welcome to the tenth MTHF newsletter.

Now we have entered into the new financial year and New Marathi Year also. Last two years being very challenging for the business but thanks to our supporters and well wishers **Shri Milind Kelkar Sir, Shri C P Tripathi Sir** we are going with the great guns and optimistic about kick starting this new year on a great note.

There are some developments are going on and I am very happy to appraise you on them

- 1. A Pvt Ltd Firm** - We are getting into Private Limited this year. We can have some great talents working with us in different capacities which will help us in reaching to the new heights.
- 2. Franchisee / retail outlet Development** – We are exploring all the possibilities to have first outlet in Pune in the first quarter of this FY.
- 3. Financial Support** – We are exploring the possibilities of supporting our partners / franchisee from banks. That will help us in creating more no of entrepreneurs in selected cities.
- 4. Social Media Campaign** – For the benefit of our retailers, suppliers and customers, we will be launching a social media campaign from April to Sept 2022. Campaign will focus on creating the awareness about the millets, their benefits, so traditional recipes and cooking with **NutriMillets®** products.

We are now being mentored by Sri Sri University, Cuttak and Indian Institute of Millets Research, Hyderabad.

I sincerely hope that with your support and encouragement, **NutriMillets®** will soon become the brand of Aurangabad,

Please do write us to share the feedback on the newsletter on milltes.treats@gmail.com.

Best regards

Vidya Gunturkar - Joshi

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MILLET FACTSHEET



प्रदूषण का हलका, खेत के साथ

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☰ THE HINDU



TELANGANA

Millets turn panacea for diabetics

Millet miracle



Findings from "A Systematic Review and Meta-Analysis of the Potential of Millets for Managing and Reducing the Risk of Developing Diabetes Mellitus"

CONSUMPTION OF MILLETS HAD THE FOLLOWING IMPACT:

FOR DIABETIC INDIVIDUALS

- 1) Blood glucose levels reduced by 12% and 15% for fasting and post-meal respectively.
- 2) Individuals' blood glucose level went from diabetic to pre-diabetic level
- 3) HbA1c (blood glucose bound to haemoglobin) was lowered by an overall average of 15%

FOR PRE-DIABETIC INDIVIDUALS

- 1) HbA1c was lowered up to 17%
- 2) HbA1c level went from pre-diabetic to normal status

K Shiva Shanker

HYDERABAD JULY 29, 2021 22:46 IST

UPDATED: JULY 29, 2021 22:46 IST

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AWARDS AND ACHIEVEMENTS



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The Glenmark Nutrition Awards 2022

Dietary diversity and innovation

Certificate of Participation

This certificate is presented to

Millets Treat Health Foods

in recognition of your time and efforts for being a participant at the Glenmark Nutrition Awards 2022.
We appreciate the exemplary work done by your team.

Bishow Parajuli,

Representative and Country Director, India, WFP

Cheryl Pinto

Trustee, Glenmark Foundation

Karon Shaiva

Founder, Idobro Impact Solutions

Recently we have participated in the Glenmark Nutrition Award 2022. Our products and efforts are appreciated, and presence was noticed. With the support of all well wishers we will definitely win this Award for this FY.

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EAT HEALTHY



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Chai time with healthy Cookies



- No gluten as no wheat
- No white sugar
- No preservatives
- No added color, flavor or preservatives
- Perfect blend of taste and health

NutriMillets – Pure nutrition nothing else

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THANK YOU!!

Let's make it together!!



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<https://nutrimillets.business.site>